

Swimming  
Golden Gate  
was a real  
challenge  
• Page 3



**Potluck:**  
Sometimes good cooking  
starts with fine china

Page 6



Contests,  
games, parade  
mark city's  
anniversary  
• Page 8

# TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

VOLUME 4 ★

ALBANY-EL CERRITO, CALIFORNIA WEDNESDAY, SEPTEMBER 14, 1983

★ NO. 72

**School  
days,  
rule  
days...**

Megan Imada  
concentrates  
on careful  
printing

Times Journal photos  
by Karen Preuss

By JIM GRODK



Teacher Joanne Ahlers meets her first graders



Christina Beasley takes a break at recess

**E**L CERRITO — The 25 students in Joanne Ahrens' first grade class at Castro Elementary School were wide-eyed and awed on the first day of school.

On the blackboard of Room 18 was the neatly printed greeting, "Good morning, boys and girls. Welcome to the First Grade. My name is Mrs. Ahrens."

The students sat quietly at their desks. The girls' dresses were starched and spotless; their hair was perfectly parted, bowed and pigtailed.

The boys wore crisp new shirts and jeans. Running shoes of all colors practically glowed on their feet. They hadn't hit the playground yet. No wear. No dirt.

At Castro School, which is at 7125 Donal Ave., things went well the first day. This year's first day enrollment is 295, up from last year's 250. The increase comes because Cameron School on Gladys Avenue closed last year. Castro now has some of those students.

Principal Leo Gaspardone was pleased with how things went on Sept. 7, opening day. He set up tentative classes in May, before enrollment figures are definite — "ouija-boarding," he called it.

This year he said parents planned ahead. Only five new children were unexpectedly brought in on the first day, so none of the classes were overloaded.

"Where's that ouija board? I'm going to take it to the track," Gaspardone said.

To handle the additional students, Castro Elementary has two more regular classroom teachers this year, and one additional teacher for the physically handicapped. At Castro, 36 students are enrolled in a special education program for children with physical and learning disabilities.

Gaspardone likes the combination of regular and special education classes. He said special education teachers have to be creative and innovative. "It's a lively place," he said.

At the city's five elementary schools, which cover grades kindergarten through sixth, the total first-day enrollment was 1317. Another 769 seventh and eighth-graders enrolled at Portola Junior High, and 1313 signed in at El Cerrito High School.

David Taylor, assistant superintendent of the Richmond Unified School District, said these figures will increase as more students enroll.

Back in Room 18, Ahrens, who has been teaching at Castro since 1969, gathered the class around her after recess. Outside in the hall a child was crying.

"You all remember what it was like when you started kindergarten," she said in a warm and practiced voice.

"Yes," the children chorused, pleased to be older and wiser now.

Ahrens explained the program for the handicapped to her class. "These children have different problems with their bodies. We don't want to do anything to make them feel bad," she said.

"Some can't see or hear, some have a hard time talking, but they all have feelings just like you do. When you see them, be a friend."

First grader Karen Maoki raised his hand. "I know what it's like to be teased, my cousin comes

over and teases me," he said.

At their desks the children were asked to raise the hands they write with. Then with the intensity of diamond cutters, gripping their pencils at the very bottom, they practiced their printing.

"On the first day of school they're very intimidated. They are so quiet, so good," said Ahrens.

"You should see them in January."

## City unmoved by vigil

**Fast supporters win no votes from Council**

By FRANCES THOMAS

**A**LBANY — The City Council faced a large and vocal group of supporters of the Fast for Life on Monday, but each council member refused to endorse the fast.

During a lengthy late-night discussion, one council member called the fast in Oakland "a kind of extortion" and another called it "suicide."

About 50 supporters of the Fast for Life gathered outside the city hall Monday to hold a silent vigil in support of the four Oakland fasters who on Sept. 14 will have fasted for 40 days. Trailed by a television camera and crew, the group later jammed the council chambers carrying posters and candles.

Joseph Kempkes, an organizer of the vigil, asked the council to declare Sept. 14 and 15 Fast for Life in Albany. The four Oakland fasters have said they would fast until there is a significant step towards the reduction of nuclear arms. There are also fasters in Germany and France.

Kempkes said the council should not consider nuclear disarmament a problem for national politicians.

"I think it is a dangerous misplace of our trust to think

that our Washington representatives alone can get us out of the arms race," he said. "This country has spent too many years in arms buildup and has spent too much money for one group to reverse this trend. The movement toward nuclear disarmament has to start at the local level and it has to start now."

Council member William Johns said, however, that local governments did not have the time, staff or expertise to solve the problem. Johns said that publicity appeared to be the goal of the supporters of the fast, and added, "I sincerely hope that some good will come out of your publicity."

Like other council members, Henry Kruse Jr. said he questioned the water-only fast as a way to achieve peace. "I do not believe the ends justify the means," Kruse said. "No one wants nuclear war. We all want peace. But to threaten to allow one's self to die is a kind of extortion. It is a pressure tactic. It is akin to a child's temper tantrum."

Council member Edward J. McManus said he supported nuclear disarmament, but considered that the fasters "were in a sense committing suicide for an end to nu-

(Continued on Page 2)

## Schools

### Where the students are

By BARBARA ERICKSON

**E**nrollment in Richmond Unified School District's new basic schools has surpassed projections, but overall first-day attendance dropped dramatically compared with last year, preliminary figures show.

Figures from Richmond Unified show that opening day elementary students numbered 11,974 and secondary students were 10,070, for a total of 22,044. Last year first-day figures showed 26,072, with more than half of those in secondary school.

But David Taylor, district spokesman, cautioned against taking the first-day figures too seriously. Enrollment can change greatly by the end of the month, he said.

In the district's four new basic schools, however, the numbers were higher than expected. Ford, which projected 304 students, had 339; Mira Vista, projecting 410, had 413; Sheldon, projecting 202, had 200, the only one to fall below expectations; and Stewart, projecting 243, had 247.

The basic schools, officially called Alternative Basic Commitment schools, were adopted last year and will emphasize parent participation, academics and discipline.

Throughout the district, officials say, enrollment will continue to rise until the end of September. Official figures are reported at that time.

This year, Taylor said, the schools are predicting an official enrollment of 26,132. Last year the district had 27,

711, compared to 28,310 the year before.

Since 1969, when enrollment hit a peak of 41,167 Richmond Unified and most other districts in the state have declined in student population.

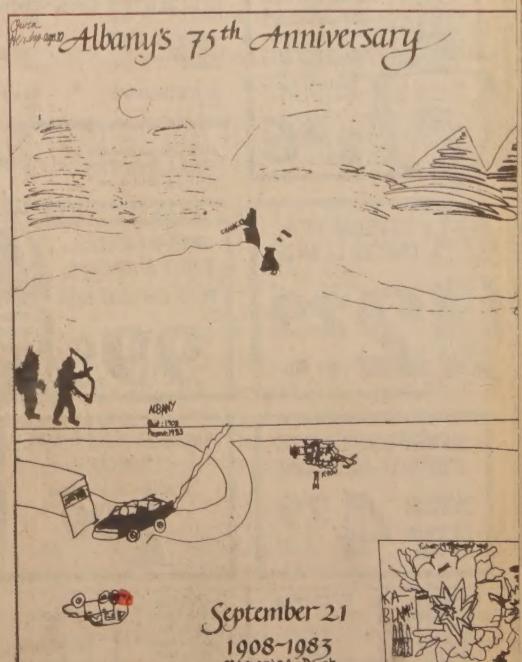
## EC pushes for development

By GORDON RADDUE

**E**L CERRITO — The City Council has given enthusiastic endorsement to a policy statement and directives designed, according to City Manager Ronald Creagh, to "bring some life into the redevelopment process."

Prepared by city staff as a follow-up to the findings of the ad hoc Land Use Committee appointed by the City Council/Redevelopment Agency, the policy statement calls for the city to "make every effort to streamline its review process to further minimize project delays."

(Continued on Page 2)



# Nuclear debate rages

Albany activists want city to take a stand

By FRANCES THOMAS

**A**LBANY — A supporter of a move to have Albany declared a nuclear free zone recently deluged the City Council with a barrage of facts and figures describing the horror and devastation of a nuclear attack. But more effective than the statistics may have been the story of a 10-year-old boy whose contribution to the city's 75th anniversary poster project showed Albany after a nuclear attack.

Dr. Henry Vynder, a Richmond member of Physicians for Social Responsibility, told the council on Sept. 6 that a 20-megaton bomb — 14,000 times more powerful than the bomb dropped on Hiroshima — dropped on San Francisco would immediately vaporize everyone within about 11 miles. The winds would sweep through the area at 500 miles per hour, and steel and concrete buildings would collapse.

Anyone who glanced at the fireball caused by the explosion would be blinded and those who took refuge in civil defense shelters would be incinerated, Vynder said. Almost all of the Bay Area's 3.6 million people would be killed or injured. The living might wish they were dead, because they would be plagued by disease, radiation poison and pestilence.

"There would be a plentitude of insects," Vynder said. "The cockroaches would survive. I know what I am saying sounds bizarre, but I think that is what we are trying to tell you."

Vynder was one of several speakers who urged the council to support the move to have Albany declared a nuclear free zone. Joseph Kempkes, an Albany resident, said he and about eight other residents would soon finish drafting the proposed initiative.

Kempkes said they would then begin asking voters to

sign a petition to put the initiative on the April, 1984 ballot. Kempkes will need 10 percent of the voters or about 900 signatures to get the proposal on the April ballot.

Kempkes said he was appearing before the council to solicit members' views on the proposal. But council members declined to discuss the issue.

Catherine Webb, an Albany resident, told the council about the young boy's poster.

"At the top of the page was Albany's past which showed native Americans," Webb said. "In the middle was the present with cars and planes. The future was the atom bomb. That is what the children are saying right now in our schools, and I think that is a tragedy."

But not everyone agreed with the proposal for a nuclear-free Albany.

"I think it is the epitome of stupidity for these people to come here with this proposal after what happened last week," Harry D. Bergondy said, referring to the Soviet attack on the Korean airliner.

Irene Crosbie said the nuclear free zone proposal "was playing into the hands of the Russians."

"These people are well-intentioned, but we are going the way of bizarre San Francisco and Berkeley," she added.

The Campaign Against Nuclear War, a Washington, D.C. organization, said 23 U.S. cities have been declared nuclear free zones. Several other cities, including Berkeley, are scheduled to vote on the issue this year.

An early draft of the initiative said once Albany was declared a nuclear free zone, the city would prohibit radioactive material within city limits, except for purposes not related to war. The city also would sell any investments in industries and institutions which are "involved in nuclear war or the preparation for nuclear war."

## Development process simplified

(Continued from Page 1)

It suggests a review of existing ordinances and policies, such as parking and landscaping requirements and the provision of off-site improvements by developers, to alleviate conditions that hinder or discourage acceptable development.

The City Council/Redevelopment Agency took steps last fiscal year to establish a more aggressive stance on redevelopment and commercial development in the city. The Land Use Committee was created and the redevelopment budget provided for a full-time redevelopment associate position — filled by Randy Starbuck — to further redevelopment goals and objectives.

The policy statement also suggests modifications to zoning and design review standards as incentives. A promotional campaign including brochures and multimedia presentations to developers is among the proposals.

In presenting the policy statement, Creagh urged the

council to "get the word out to boards and commissions that this is what you want to do. Emphasis should be placed on encouraging development and not waiting for perfect development."

Council member Margaret Collins, who has been highly critical of the city's project reviewing process, was exuberant in her support of the policy statement. "I say 'Yea, let's go.' I think it's tremendous. Staff has done a great job."

Council member Howard Abelson said the statement "breaks shackles that have held us down in the past. We've gotten into a rut the last 10 years. I'd like to see new ideas and innovations that maintain high standards."

Council member James E. Allen Jr., was absent, but his support of the policy statement was conveyed by Mayor Jean Siri, who added her own. "We've developed a reputation for being 'picky, picky' (on new development)," she said.

## School budget approved, but no teacher contracts yet

By CHARLES PELTON

**A**LBANY — The Albany school board unanimously passed its 1983-84 budget last week but teacher representatives called the district's final figures a "bargaining ploy."

With teacher contract negotiations still unsettled, school officials passed a budget of nearly \$8.1 million, an increase of 5.5 percent over last year.

"The game's just started," Albany Teachers' Association president Bill Savage said after the board meeting. "This (the adopted budget) doesn't mean anything to me."

School officials and teacher representatives met twice this summer to try to hammer out a revised teacher contract for the 1983-84 school year. Classes started Sept. 7 with teachers working under last year's contract.

At the most recent meeting, held on Sept. 2, negotiators failed to resolve outstanding issues. The extent of salary increases was not even addressed at that session.

Both teachers and the administration still have not brought specific salary increase proposals to the bargaining table. But teachers, Savage said, are anxious for raises which keep pace with changes in the Consumers' Price Index.

"How far behind can you get?" Albany High history teacher Charles Clarke asked.

School officials are dissecting this year's budget to determine where money can be found to offer employees salary increases. According to Superintendent Stephen Goldstone, each one percent increase in teacher and other employee salaries costs the district \$70,000.

Last year teachers received a 3.87 percent salary adjustment. Increases in 1980-81 and 1981-82 were 10 and five percent, respectively.

"Before you can expand programs, there has to be a commitment to upgrading teachers' salaries," Clarke said. "We need to try to attract people to the profession. We're concerned about morale."

Administration officials emphasize that new state money, which became available after the passage of school reform legislation this summer, does not affect money

available for salaries.

"Other districts made cuts earlier this year," stone said. "We didn't. Others look like the're programs, (while) we're just maintaining."

In other action, the school board accepted in the form of computer equipment from two computer companies, CompuPro and Apple Computer.

CompuPro, which donated nearly \$22,000 equipment and software last spring, contributed four minicomputers and four drive cards over \$17,560 to Albany's computer literacy program.

The Apple Computer donation, part of a give-away campaign, placed a "Kids Can't Wait" in every Albany school except the Children's Center.

School officials also reported that the plan to build a High's swimming pool in part by solar power has been shelved for the time being. According to Superintendent John Fike, the repeal of certain state laws may kill the project.

Previously, a certain portion of the amount to install solar heating for swimming pools could be a credit against state tax liabilities. Fike is optimistic, however, that a corrective measure which would remove credit for solar installation at educational pools in the legislature.

The superintendent reported several new developments:

- Gary Carbone is teaching at the high school
- Obata and Susan Power are at the middle school
- At Cornell, Marilyn Chamberlain, Shirley Dennis, Christa Bundy-Buckingham and Shirley Eastman this fall. Mary Louise Green is now teaching at the Children's Center.
- At the Children's Center, Leslie Rae and Redmond are new teachers and Anthony Perkins, Naveh, Sheila Murry, Ruth Gerber and Celeste Taker are new aides.
- Marian Johnson is the new secretary to the superintendent.

with hope and love....I don't see it as a violent act through they put themselves under a lot of stress. We see the same concern for people who are staying the world."

At midnight, Kruse moved to adjourn the meeting and asked for a minute of silent prayer for peace and the 269 people who died aboard the Korean Air Lines flight.

## Council will not support fasters

(Continued from Page 1)

clear weapons.

"Morally I cannot support it," he added.

But Wendy Tripp, an Albany resident, told the council that the fasters did not want to die.

"Suicide is something you do when you are full of anger and despair," Tripp said. "But the fasters are filled

## Strike halts work at energy company

Employees have gone on strike at Williams and Lane Energy Systems Co. after contract negotiations bogged down.

The strike began Sept. 8 at 1700 Eastshore Highway on the Albany-Berkeley border. The company is a distributor of construction, engineering and machine parts.

The striking workers are represented by the Operating Engineers, Local Three, an Oakland-based union. Thomas Westoby, the business representative of the local, said the strike was a "defensive action."

"They wanted to take away things we (the employees) already have."

Westoby and a company spokesman refused to discuss the negotiations. But Westoby said the two sides seemed closed to "an agreement in principle."

The union represents more than 100 employees at the company's Albany and San Leandro offices.

## Library shut down

## Cooking

## little kids

ALBANY — The Albany Cooperative school conducts parents' programs and open to the public.

The Sept. 15 program presented by the school directors, Maureen and Jan Pearson, is to Cook with the choolers.

A highlight of the program is a demonstration, with parents playing their pre-school

The meeting will be at 8 p.m. at the Albany school, 850 Masonic.

The school is a participation co-op. For information, call 524-5555.

## Local grad

More than 2,900 senior and graduate students received their degrees during the 72nd commencement ceremonies of California State University, Fresno.

Vivian Zee of Albany received an MS degree.

## International Coiffures

## SPECIAL

## of the

## MONTH

## CARE FREE WITH CURLS \$37

## HAIR CUT WITH CURLS \$6

## Good from 9/14/83 thru 10/14/83

## \*After 5 days there will be a \$17.50 charge for a re-roll

## We Offer A Special Rate For Senior Citizens

INTERNATIONAL COIFFURES 11788 San Pablo Avenue, El Cerrito Hours: 8:30 A.M.-7 P.M. Tues.-Sat.

235-0557 Please Phone For An Appointment 235-0557

## LEO'S CAMERA

## NOW OFFERING

## 1-DAY

## 7 DAYS A WEEK

## FREE

Be a Leo's Camera frequent customer. Next time you stop by pick up your card and be eligible for:

- An album page with every roll developed & printed FREE
- 11th roll of film developed & printed FREE
- FREE photo album

## CHECK THESE PRICES

12 EXPOSURES	\$3.79
15 EXPOSURES	\$5.08
24 EXPOSURES	\$6.79
36 EXPOSURES	\$9.49

From your C-41 negative as only. Excluding foreign film and slides. One coupon per envelope. Lustre finish.

400 ASA slightly higher.

Reprints 5 for 89¢ (From C-41 Neg.)

## LEO'S CAMERA & JEWELERY

## DISCOUNT MART

VISA 5815 CUTTING BLVD. EL CERRITO

Block West of San Pablo Avenue

## highest daily!

9.553%

9.00%

Annual Rate

Enjoy today's high yields with immediate liquidity with an insured Money Market Savings Account at Twin Pines.

We also offer high yields on 18 Month, 36 Month and 60 Month Certificate Accounts.

Stop by or call any Twin Pines office for details!

Rates subject to change daily.

Substantial penalty for early withdrawal on all term accounts.

## TWIN PINES FEDERAL SAVINGS

Berkeley: 2905 Telegraph Avenue, Berkeley, CA 94705 • (415) 848-7923

1484 University Avenue, Berkeley, CA 94702 • (415) 843-9191

1519 Shattuck Avenue, Berkeley, CA 94709 • (415) 548-2663

Walnut Creek: 2905 North Main Street, Walnut Creek, CA 94596 • (415) 932-1651

El Cerrito: 11481 San Pablo Avenue, El Cerrito, CA 94530 • (415) 236-1177

## Sports

Suzanne Farber, right, after her successful swim. Below, she is a mere ripple as her husband and a friend row alongside, watched by the Marin cliffs and Golden Gate Bridge

Photos by Michael Russell



## Obituaries

## Tyree Rabb Jr.

ALBANY — Funeral services were held last week for Tyree Rabb Jr. A native of Texas, Mr. Rabb died Sept. 6 in a Marin hospital. He was 34.

He was employed by the Electro Paint Co. of Oakland. Mr. Purcell lived in Albany and died Sept. 8 in a Berkeley hospital. He was 71.

He was a member of the El Cerrito-Albany Lodge 686 F & AM, the International Union of Security Officers, the Berkeley Board of Realtors and was former Albany police officer.

Survivors include his wife, Isabelle of Albany; his daughters, Dianne Martin of Davis, Dori Ojala of Hercules; and a sister, Anna J. Peterson of Berkeley.

Burial was at Sunset View Cemetery. The family requests remembrances in his name to the American Heart Association.

A native of Berkeley, Barbara Mott and Ramona Rabb, all of Oakland, and Terry Patterson of Salinas; two brothers, Finas Rabb of Oakland and Lewis Rabb of Visalia, and six grandchildren.

Services were at the Fullerton Funerals chapel. Burial was at Rolling Hills Memorial Park.

## Clinton Purcell

ALBANY — Funeral services for Clinton C. (Bud) Purcell, a longtime local resident and former owner of Purcell's Apparel on Solano Avenue, were held at Ellis-Olson Mortuary.

A native of Berkeley, Mr. Purcell lived in Albany

and died Sept. 8 in a Berkeley hospital. He was 71. He was a member of the El Cerrito-Albany Lodge 686 F & AM, the International Union of Security Officers, the Berkeley Board of Realtors and was former Albany police officer.

Survivors include his wife, Isabelle of Albany; his daughters, Dianne Martin of Davis, Dori Ojala of Hercules; and a sister, Anna J. Peterson of Berkeley.

Burial was at Sunset View Cemetery. The family requests remembrances in his name to the American Heart Association.

## Aaron's Factory Direct at Wholesale Prices!!

STUDENT DESK	TWIN Mattress & Box \$495
BUNKBEDS	4 DRAWER CHEST \$395
Complete with Mattress from \$1395	

Aaron's Furniture and Mattress Co. 839-7403  
3601 San Pablo Ave., Emeryville  
(at 580 freeway) 10-6 Mon-Sat

Sunday School 9:45 a.m.  
Worship 11:00 a.m.  
Evening Worship 7:00 p.m.

Please come and worship with us

Valley View Baptist Church  
5435 San Pablo Dam Rd.  
El Sobrante, Ca. 94803  
R. Chauncey Wilson Thd. dd  
Hl. d. Pastor

Office 222-2511  
Residence 878-8060

## DIET CENTER

WE'LL HELP YOU SCALE DOWN TO SIZE.

Call us today for a free, introductory consultation.

Marilyn Heath  
Diet Counselor

10174 San Pablo Ave.  
(Peppermint Tree Plaza)  
EL CERRITO 528-THIN

## Farmers cuts rates on auto insurance for drivers between 30 and 60

We have rates 30% under standard rates for drivers between the ages of 30 and 60.

There's a good reason for this. Farmers knows that these drivers tend to be safer and more careful on the highway.

You're the drivers who have fewer accidents.

That's why Farmers created our 30/60 package auto policy. If you qualify, you could save substantially on your premiums.

Farmers Insurance Group is working constantly to keep the costs of insurance down; and the amount of protection up. And this 30/60 package auto policy is one way we do it. Why not call me?

MARTIN E.  
"MARTY"  
WEBB

1819 Solano Ave.  
Berkeley, CA 94707  
527-2141

FARMERS  
INSURANCE  
GROUP  
Symbol of Superior Service  
Auto • Fire • Life • Commercial

## A very special swimmer

## El Cerrito woman tackles the Golden Gate

By GORDON RADDUE

EL CERRITO — A Suzanne Heim, Cindy Farber is not. But with the help of some inspiring words from Winston Churchill, she proved she is quite a Cindy Farber by swimming across the Golden Gate from the Marin side to Fort Point.

It took twice as long as she'd expected and she is not ready to pose a threat to Heim, the 25-year-old San Rafael woman who two days earlier completed four crossings of the Golden Gate in 2 hours and 5 minutes, the first time such afeat had been accomplished.

Although Farber's single crossing took an hour, her achievement was remarkable in itself: she's only been swimming for four years.

She had expected to cover the 7/10ths of a mile distance in half the time, but a strong current threw her off course and she wound up swimming an estimated mile and a half before she finally reached shore.

"When I started out it was real nice, calm, smooth water — just perfect," said Farber. "I felt I should really swim fast and go for some kind of a record. But when I got under the bridge the current was running faster than the tide book said."

"I was stunned. I really didn't think I'd make it. Then I thought of Churchill's words — 'Never, never, never give up. I started saying 'never' with every stroke."

She also drew plenty of encouragement from her husband, Doug, and friend David Norwood, who stayed close by in a row boat to provide moral support and guide her on her circuitous course.

"I tired quicker than I should have because I was swimming too fast," Farber said. "But once I hit the shore and realized I'd made it, elation just took over everything."

It called for a celebration and a celebration there was.

"We had a picnic on a hill at Lincoln Park overlooking the Golden Gate," she said, adding: "There was a little champagne."

The 31-year-old mother of three (son John, 8, and daughters Sharon, 6, and Susie, 3) is a self-taught swimmer, most of her learning taking place at the El Cerrito Swim Center.

"I'd been planning to swim the Golden Gate for more than three years," she said. "After my third child was born nearly four years ago, I just felt I needed to do something challenging to prove that I could do it."

She began preparing in earnest for the Golden Gate ordeal in May.

"I did some cold water training at Aquatic Park in San Francisco and also did some swimming off the Berkeley Marina," she said. "I did a swim from near the Golden Gate to Alcatraz and found that you don't have to worry about anything so long as you have the tides and current figured out."

"I have to say it was a group effort rather than a solo effort," she said. "I got a lot of help and encouragement from my husband and my friends who looked after my

children while I was training for the swim."

A magical little touch was added as Farber and her boatmen were completing their journey.

"Just when we were hitting the shore," she said, "a seal popped up between us."

Not even record-setting Suzanne Heim got that kind of reception.

## Mail bag

## On the landfill

I want to thank Norman Colby for the provocative article on West County's landfill use. I am only sorry that the article was cut in the Richmond paper since Richmond is where there is the greatest need for more information.

The franchise agreement that stated no new contracts outside of West County could be made or renewed was signed in 1967 to ensure San Francisco's garbage did not come into Richmond. However, this agreement has never been enforced by the City of Richmond.

The same words appear in the April 1, 1980 franchise extending the exclusive monopoly another 25 years. The 1967 agreement with Berkeley Sanitary (a private company) did not include residential waste which is controlled publicly by the City of Berkeley. Therefore, a new agreement must have been made.

It is very important that some thought be given to the future when the dump will be full, the year 2006-2020, depending on the enforcement.

I did not say I would exempt any royalty for garbage destined for a waste-energy plant. The West County plant that is proposed will require 900 tons per day, twice that now dumped. A waste-energy plant is not a be-all, end-all solution. One fourth of the garbage brought in goes to the landfill as ash. There is additional air pollution and traffic into West County. Royalties from any out-of-county garbage for waste-energy plants or dumps seem to me the only way of planning for the area's future.

I was surprised that a waste-energy solution was even considered in Berkeley, where the air is relatively clean. With the prevailing westerlies, all the air pollution from the stacks would have ended up in the Berkeley Hills.

The best solution to the quantity of garbage is resource recovery by recycling. El Cerrito has the lowest garbage rate in the Bay Area because of the amount not being dumped but recycled. The amount being recycled is steadily growing because of the surcharge paid by the residents of El Cerrito.

Thanks again for considering this very important planning matter.

Jean B. Siri

Mayor

City of El Cerrito

658-9357

**FUTURE CHAMPIONS**  
EAST BAY JR. TENNIS DEVELOPMENT  
JUNIOR TENNIS CLINICS  
(3-18 yrs. of age)  
ADULT LESSONS AVAILABLE

MONDA J. ROBERTS  
Professional Tennis Instructor & Tournament Player  
Berkeley • Piedmont • Albany

**GRAND OPENING SPECIALS**

5 PAIRS OF PANTS \$10.00  
45¢ lb. No Minimum

15% DISCOUNT to Senior Citizens We Gladly Accept Visa & Mastercard	Featuring 1 DAY SERVICE at No Extra Charge	Specializing in: ALTERATIONS DRAPERS LEATHER/SUEDE WEDDING GOWNS
---	--	--

**KENSINGTON CLEANERS N**  
374 COLUSA, KENSINGTON 524-2162  
(Across from NARSIS)  
Open: M-F 8-6, Sat. 9-6

**Giovanni's**  
EXPERT HAIRCUTTING AT AFFORDABLE PRICES  
• men • women  
• children  
• no appointment necessary  
\$7  
COMPLETE PERM  
\$30  
SHAMPOO & CUT INCLUDED

1170 Solano Ave., Albany 525-5153  
Mon-Fri. 9 a.m.-7 p.m., Saturday 9 a.m.-5:30 p.m.

**SENNIN AFTER SCHOOL PROGRAM**  
Monday-Friday, 3-7 p.m., Ages 5-14

**SENNIN PERSONAL DEVELOPMENT**  
Sennin Non-violent Martial Arts  
Cooperative Games and Special Activities  
Japanese Language Instruction  
Only \$1.25 per hour. Family Discounts  
Albany Park Dept. Affiliation

Sennin Organization, 1309 Solano Ave.  
Albany 518-6446/526-7518

## DESK SALE!

**Kiefer's**

Choose a style to fit your room: single pedestal, drop lid, roll top, large and small. All at big savings!

Sale Priced From \$119.95  
Not shown.

1006 San Pablo Ave. (Corner of Central)  
EL CERRITO 527-1511  
HOURS: Mon.-Sat. 9:30-5:30

**DIET CENTER**  
HOW TO WIN AT THE LOSING GAME

WE'LL HELP YOU SCALE DOWN TO SIZE.

Call us today for a free, introductory consultation.

MARTIN E.  
"MARTY"  
WEBB

1819 Solano Ave.  
Berkeley, CA 94707  
527-2141

FARMERS INSURANCE GROUP  
Symbol of Superior Service  
Auto • Fire • Life • Commercial

MILLS SCHOOL OF MUSIC  
INTRODUCTORY OFFER

You pay regular price for the first months lessons,\* and then pay only \$8.00 for the second month.

A Savings of \$24.00!

For Beginning and Advanced Students of All Ages  
Piano, Organ, Clarinet, Flute, Saxophone,  
Guitar, Oboe, Trumpet, French Horn, and Recorder  
Instruments Rental Available

**MILLS MUSIC, INC.**  
HOME OF YAMAHA PIANO'S & ORGANS  
3219 Pierce Street, Richmond (At Albany Hill)  
526-3167

\*1/2 hour private lesson, once a week. New students only good through November 1, 1983.

# Senior centers

## ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

People who have historical material and pictures that can be used in connection with the city's 75th anniversary are urged to bring them to the center.

## Special Events

Small business organization by Charles Mercer, starting Saturday, Sept. 17, from 9 a.m. to noon.

Mary's Magic Pan cooking and tasting demonstration, Monday, Sept. 19 at 3:15 p.m.

Grace Fisk, public health nurse, will talk on aspirin, Thursday, Sept. 22, at 2:30 p.m.

Batik class by Romeo Weber, every Thursday starting Sept. 22, from 7:30-9:30 p.m.

Ellen Stromberg of Dean Witter will answer questions on money matters, Monday, Sept. 26 at 11:15 a.m.

Blood pressure clinic, Monday, Sept. 26, from 1-3:30 p.m.

## Classes

Monday: creative writing (starts Oct. 3), 9 a.m.-noon; painting, 10 a.m.-1 p.m.; current events, 1-3 p.m.; crafts, 1-3 p.m.; tutorial writing, noon-2:30 p.m.

Tuesday: beginning photography, 9 a.m.-noon; exercise and relaxation, 9:30-10:30 a.m. (through Sept. 27); folk dancing, 1-3 p.m.; English as a second language, 1-3 p.m.

Wednesday: color slide photography, 9 a.m.-noon; current world problems, 10 a.m.-noon; tutorial writing, 12:30-2:30 p.m.; Shakespeare, 1-4 p.m.; Tai Chi, 1:30-2:45 p.m.

Friday: holistic health, 10-11:30 a.m.; creative writing and poetry, 1-3 p.m.

Saturday: writing, 1-4 p.m., every fourth Saturday.

## Continuing Events

Barber service, Thursday 9 a.m.-noon. Donation requested. (Barber on vacation Sept. 1, 8, 15)

Bingo, Thursday and Saturday, 10:30 a.m. Singalong, Thursday, 11:30 a.m.; bridge, Friday, noon-3 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Sat-

urday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Community service, Friday, 10 a.m.-noon.

Senior prom ballroom dance, Saturdays from 7:30-11 p.m.

p.m. Donation, \$2 (includes refreshments).

Blood pressure clinic, 4th Monday every month, 1 to 3:30 p.m.

## Meals on Wheels

Home-delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$15 per week (weekdays only).

To order, please call the center at 644-8500 one week in advance. Coordinator Margo Tyndall will make all arrangements.

Volunteer drivers able to donate one hour of time a week at midday are also asked to call.

## Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.

Sept. 14, chicken; Sept. 15, meat loaf; Sept. 16, chicken; Sept. 19, spaghetti; Sept. 20, pork chops.

## EL CERRITO Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2 p.m. Lunch daily at noon.

## Classes

Mondays: 10 a.m., Tai Chi; 1 p.m. bridge or choral group.

Tuesdays: 9:30 and 10:15 a.m., fitness; 10 a.m., beginning drawing; 10 a.m.-2 p.m., women's hairstyling (by appointment only); 1 p.m., grocery bingo.

Wednesdays: 9:30 a.m., mild exercise; 10 a.m., history of Contra Costa County; 10:30 a.m., needlework; 10:30 a.m., communication bridge lessons; 12:30, knitting; 1 p.m., bridge; 1 p.m., choral group under the direction of Art McCue.

Thursdays: 9:30 and 10:15 a.m., fitness; 10 a.m., Spanish conversation; 9 a.m.-noon, small appliance repair drop-off.

Fridays: 9 a.m. to noon, barber; cash bingo, 1:30-3:30 p.m.

## Special Events

Sept. 16, 12:30 p.m., Social Security representative.

Sept. 19, 26, 10-11:30 a.m., aural rehabilitation for individuals with hearing loss.

Sept. 28, noon, public health nurse.

## Christ Lutheran

Mondays, 9 a.m.-2 p.m. at 780 Ashbury Ave. at Stockton.

Craft classes (pressed flower stationery, macrame, jewelry, weaving) are taught in the morning. \$50 lunch at noon. Afternoon program of information, speakers, community singing, sit-down exercises and folk dancing.

The program is co-sponsored by the Richmond Unified School Adult Education program.

## St. John's Center

St. John's senior center meets every Tuesday from 9 a.m. to 2 p.m. at the Catacombs building, Gladys and Lexington streets, El Cerrito. For information, call Nancy Gans, 529-1114.

The Center is part of the Richmond Unified Adult Education Program. 9 a.m., crafts; noon, free lunch; 12:30

lectures. After lunch, the group has community sitdown exercises and folk dancing until 2 p.m.

Any El Cerrito resident 60 years or older is welcome to join the group. Registration is on Tuesdays. Phone, Tuesday only, 234-2797.

Any West County resident can apply for training, and any adult can attend the free

## Community Center

Monday, 6-9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, bingo; second week, cards and games; third week, fourth week, cards and games. If there is a special program. For information call 525-6702.

## Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Church, Hall, Gladys and Lexington Streets. First Thursday of the month: business and cards; second, bingo; third, observances; fourth, potluck and cards; fifth, special programs. For information: 526-7462.

## Sakur Kai Center

For Japanese-speaking senior citizens, first Saturday, 1-3 p.m. at 6510 Stockton St. Arts, crafts, ceramics, "shigin" (poetry singing) and Sociality available. For information: William Waki, 525-7462.

## KENSINGTON

Activity center, Thursday, 9 a.m.-2:30 p.m. at Arlington Community Church, 52 Arlington Ave. Activities include knitting instruction, beginning conversation and meditation. After lunch, there is singing, bridge and a quilting class.

A potluck is held on the first Thursday of each month. Members may bring a dish to serve 4-6 people or \$2.50. A sandwich, cake and coffee are provided on the remaining Thursdays.

Sept. 15: Leo Vuosalo will discuss current events in Greece.

Sept. 22: A speaker from Herrick Hospital.

Sept. 29: Center member Lela Fay MacCormac discusses bird watching in the garden.

## EAST BAY

### North Berkeley Center

1901 Hearst St., Berkeley, 644-6107. Open 8 a.m. to 4:30 p.m., gift shop open at 10.

## Richmond Annex Center

5801 Huntington Ave., Richmond. Open through Friday. Weekday drop-in lounge, 9 a.m.-5 p.m. Sunday brunch, 10 a.m.-1 p.m. (except Thanksgiving).

\$1.50. Other activities include gentle exercise, cards, service projects, needlework and games.

Monthly activities include a potluck supper, is Donna Chavez, 526-3553.

## St. James Center

St. James Senior Center, located at St. James Church, 1963 Carlson Blvd., Richmond, meets the second Saturday, 9 a.m. to 2 p.m.

Craft classes (water color painting, knitting, quilling, flower-making) are taught in the morning, which costs 50 cents, is at noon. Afternoon program includes information, speakers, community singing, exercises and folk-dancing.

The program is co-sponsored by the Richmond Unified education program. Director is Isabelle Leng 524-4616 for information.

## A NEW CHURCH IN BERKELEY

### TRINITY FELLOWSHIP

An Evangelical Church

Committed to the Exposition and Application of the Bible

Sunday 9:30-10:30 and 11:00-12:00

### CHILD CARE

2700 Bancroft Way  
549-1639

## KING TUN

RESTAURANT & LOUNGE

Food to go

Banquet Rooms • Catering

### OPEN 6 DAYS A WEEK

LUNCH, Thurs.-Sat. 11:30-3:30

DINNER 3:30-10:30 Sun. 4:30-10:30

Fri. and Sat. 3:30-10:30

COCKTAILS 4:30-10:30 P.M.

1335 Solano Ave., Albany 525-2828

Closed Wednesdays

## Dentures

CREDIT TERMS — on approved credit for Dental Plates, Partial Plates and Removable Bridges.

ALL CREDIT HANDLED BY OUR OFFICE  
No Bank or Finance Co. involved.

NEW DENTAL PLATES IN ONE DAY! In most cases. Please be at office before 10:00 A.M.

FAST PLATE REPAIRS!

LET US HELP YOU — Dental Care Plans Medi-Cal, company, union, insurance, private dental coverage accepted.

## Dr. J.C. Campbell

COME IN OR PHONE FOR DETAILED INFORMATION



RICHMOND • 4016 Macdonald Ave.  
Phone 234-2844 or 234-5495

No appointment needed in any Dr. Campbell office  
Open Mon. thru Fri. Closed Sat.

## "How may we help you?"



We're proud to introduce you to Jim Wilson, our Senior Vice President and commercial lending specialist.

Jim will be happy to meet with you to discuss financial strategies that can help your business grow and prosper. His 20 years of lending experience will be invaluable in helping you plan wisely for the future.



## ALVARADO BANK

3000 Hilltop Mall Road  
Richmond, CA  
235-9292  
Member FDIC

Lobby Hours  
10am-4pm Mon-Thurs  
10am-6pm Friday  
9am-12 noon Saturday

Drive-Up Hours  
9am-4:30pm Mon-Thurs  
10am-6pm Friday  
9am-12 noon Saturday

Excellence  
in Banking

# Churches

## ALBANY

### Berke Buddhist Priory

The priory is at 1358 Marin Ave. (near Santa Fe) in Albany. The Rev. Teigan Stevens, invites the public to attend services and services Tuesday-Sunday.

Retreats are held the first Sunday of the month from 10 a.m. to 4 p.m. and includes a vegetarian lunch. Classes in Buddhism will be held in the upcoming months. A small gift library also is available. For more details, call 528-5280.

In Soto Zen meditation is offered the first and

last days of each month at 7:30 p.m.

The priory is affiliated with Shasta Abbey, a Zen Buddhist

monastery in Mount Shasta, Calif., founded in 1970 by Roshi Jiyu Kennett.

**Church of Christ**

Services: Bible study at 10 a.m., worship at 11 with Max Crumley, Sr., minister. Wednesday Bible study at

church is located at 1370 Marin Ave., Albany.

**First Baptist Church of Albany**

Wednesday, Sept. 14, the home bible study will meet at

3451 Yosemitie, Apt. D in El Cerrito. The group will

study their of the Gospel of John.

Friday, at 7:30 p.m., there will be a prayer fellowship for

adults at 922 Neilson, in church.

Sunday at 9:30 a.m., church school classes will be held for

the 11 a.m. worship service will be led by Pastor Alan

who will preach on "Our Source of Strength."

5 p.m. the church will participate in the community-wide

supper at the Grace Lutheran Church of El Cerrito. The

supper will meet at 7:30 p.m. Sunday.

Discipleship study meets on Monday at 7:30 p.m. in the

room at the church. The share missionary circle will

meet at 7:30 p.m. on Tuesday.

The church is located at 1319 Solano Ave. Phone 526-

### St. Alban's Episcopal Church

Wednesday, Sept. 18, at 9:30 a.m., Pastor Ralph Moellering's

message will be "Human Hunger and Heavenly Food" from

Matthew 7:7-11; Matthew 6:11. Sunday school and Bible class will

meet at 10:30 a.m. in the parish hall.

Holy Communion is administered the second and fourth

Sunday of each month. Wednesday, Sept. 14, at 7:30 p.m., choir

rehearsal will be held in the choir loft under the direction of

Clarice Moellering.

Thursday, Sept. 15, are: at 10:45 a.m., Bible class; at noon, a

bring-your-own lunch in the parish hall; and at 1 p.m., a

Women's League meeting also in the parish hall.

Tuesday, Sept. 20, at 4 p.m., the neighborhood children's

choir, under the direction of Clarice Moellering, will rehearse in

the parish hall. Children between the ages of 5 and 14 are invited

to join. For more information, call 548-0858.

Also on Tuesday, Sept. 20, at 7:30 p.m. in the parish hall, an

adult Bible study on Luther's Large Catechism will be held.

The social center attached to the church will be used to ac-

commodate a schedule of guest speakers, panel discussions and

films.

On Sept. 18, Reverend Ronald Renter, who recently con-

cluded an investigation of conditions in Central America, will pres-

ent an eye witness report. Contributing to the presentation will be

his wife Yvonne, who will show slides from the refugee camps in

Honduras.

Admission to the forums is free. Voluntary contributions will

be used to defray expenses. All interested people are welcome to

participate. For further information phone the coordinator: Dr.

Ralph Moellering, at 525-9004 or 549-0858.

The church is located at 15 Sante Fe. Phone 525-9004 morn-

ings and 548-0858 afternoons.

**Albany United Methodist Church**

Wednesday, Sept. 18, at 11 a.m., the Reverend Virginia Hilton

from the text Luke 16: 1-15: "Learning from the Bad

and the Good Samaritan" will meet at the Fellowship Hall.

Rev. Diane Dean and Ella Joyce will give an overview of the mis-

sionary themes for this year. Wednesday, Sept. 21, 9:30 to 3

p.m. the workshop meets 1:30 p.m. to 3 p.m.

Sunday, Sept. 22, at 7:30 p.m. the administrative council

meets at 980 Stannage, Albany. Call 526-

526-5260.

**Word of Faith Church**

Word of Faith Church, located at 1206 Lincoln Ave. in Alba-

ny, has a Bible Study for the Albany-El Cerrito area. Ev-

eryone is welcome.

The group meets Monday nights in Albany. For informa-

tion call Martha Beckhusen, 526-5152, or Pastor Hal Tomlinson,

526-5152.

The church is located at 980 Stannage, Albany. Call 526-

526-5260.

**Northminster Presbyterian Church**

The church is located at 545 Ashbury Ave., El Cerrito.

**St. Patrick's Episcopal Church**

The church is located at Potrero and Everett in El Cerrito.

Call 237-0216.

### THOUSAND OAKS

#### Epworth United Methodist Church

Epworth United Methodist Church at 1953 Hopkins St. in

North Berkeley. Call the church office at 524-2921 for more in-

formation.

**Northbrae Community Church**

The church is currently in its summer Sunday schedule. Church

school classes for young people, kindergarten and older, begin at 1

a.m. upstairs in Haver Hall. The worship service is from 11 a.m. to

noon with a social time following in the parlor. Nursery care is

provided from 10:45 to 12:15 p.m.

Northbrae is located at 941 the Alameda, in the Thousand

Oaks district of north Berkeley. Services are held in the Chapel

directly behind Haver Hall. Everyone is welcome.

### Thousand Oaks Baptist Church

"In Times Like These Can We Really Be Helpful, Accepting

and Joyous?" will be the topic chosen by Rev. Eugene E. Paden at

the 10:30 a.m. worship service on Sunday, Sept. 18.

The ordinance of Believer's Baptism will take place at this

service. The Chinese congregation, led by Rev. David L. Chen,

is here.

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

**September 21 & 22 9:30 a.m.**

**THE CENTER WITH MORE TO EXPLORE**

**EL CERRITO PLAZA**

**\$7,000 GIVEAWAY**

<

# Pot luck with Olga Bier

Almost immediately after our arrival in England, we took to the shops, as Harrods and Barker's and the others were preparing for their yearly hysterical sale of chinaware. This apparently is an event some folk travel cross country to get to while others go into training so they can participate vigorously in the event.

At Harrods, the celebrated department store of department stores, it seemed as if a whole floor had been cleared in anticipation. As far as the eye could see, crates and packing materials lay all about. Even though the merchandise was not yet for sale or completely displayed or even all unpacked, there were many of us roaming about, exclamining at the dishes.

For someone as interested in food and the wares needed to prepare and serve it as I am, this can be described simply as "pig heaven." If this had not been the end of my trip (and my finances), I would have bought dozens

## 2 teens nabbed

ALBANY — Two Oakland teen-agers, one of them a fugitive from a youth correctional facility, have been arrested for burglary after they were found inside a Carmel Avenue home, according to police.

Albany Police Capt. Mel Boyd said Sept. 9 that the two suspects are believed to be linked to a previous break-in in the 700 block of Carmel, three burglaries in the 900 block of Carmel and a burglary on Evelyn Street.

The previous police record of the two young men, ages 16 and 17, dates to 1980, when they were arrested for a burglary in San Leandro. They were arrested on burglary charges again in 1981 and in 1982. The 16-year-old served a term with the California Youth Authority and has been paroled since June.

Police said the 17-year-old escaped shortly after being remanded to the custody of Los Ceros Boys Camp in June of 1982.

Police were called to the 700 block of Carmel by a resident who thought he heard suspicious noises. When officers investigated they spotted someone inside a neighbor's home.

The youngsters attempted to run through the home, and police had to kick in a door before finally apprehending them.

The 16-year-old gave police an address in the 1200 block of Manuel Court in Oakland, while the 17-year-old lists his address as the 300 block of 105th Avenue in Oakland.

sets of china!

The prices for the top-line quality were considerably less than what we pay here. Even the seconds were gorgeous and reasonably priced. There are many "seconds shops" in London and even though we were warned that the prices were touristy, they were still low compared to what they are here at home.

English silver and the classic china of Royal Doulton, Royal Worcester, Wedgwood and Spode were mixed with names unfamiliar to me but apparently treasured there, as their designs and prices were comparable to the better known brands. I think I would like to have different sets of china for each meal of the day, varying with my mood and menu. And I would take a special jaunt to London just to buy it all.

### 'Ave a sweet, luv

Our meals, though mostly continental in cuisine, seemed always to end with beautiful large ripened strawberries with incredibly heavy cream — except for the night we ate at a nearby pub. Our varied dishes included grilled white fish, steak and kidney pie, and an Irish stew (which our Italian waitress whispered to us was not really Irish because her mother was part Irish and this wasn't the way she made it).

But what I remember best of this meal was that I ordered a "Spotted Dick" for dessert. I took one taste of the white suet and raisin pudding and offered it to anyone within hearing range who would remove it from my sight. A bit heavy in the mouth, to put it mildly.

In between our mugs of warm, strong beer and the loud choruses of songs we belted out at each other, Cousin Sylvia promised a sweet I would like. So the following Sunday in her rose-bordered garden, after we enjoyed some good crusty fried chicken, she served a trifle which I thoroughly loved.

Trifle is a heavenly dessert made of cake, fruit and custard with whipped cream. It seems to have as many variations as there are cooks. Basically it is a pound cake cut into thick slices which are spread with raspberry jam and placed jam-side-up in a glass bowl. Chopped almonds and some sherry and/or brandy are sprinkled on and allowed to soak in. Then raspberries are spread over the cake.

A thick cold custard is spread over that and whipped

cream is then gently piled over all. Garnished with more berries and almonds, it is refrigerated briefly before serving.

I have a version of a trifle I have made for many years that cuts calories a bit but is very showy and quite tasty. Having just viewed the real thing, I felt justified in calling this:

### The Crown Jewels'

Lightly butter a spring form pan. Line around the edges with lady fingers standing up (creating the "crown"). Split enough lady fingers to line the bottom of the pan. Spread them with strawberry jam, slivered almonds and triple sec or amaretto.

Make and chill until firm 3 separate kinds of gelatin — red for rubies, green for emeralds and yellow for topaz. Use a flat pan so the gelatin will come out as a sheet about  $\frac{1}{2}$  inch thick. When set, cut across in both directions, making small cubes (jewels).

Make 1 pkg. of strawberry gelatin in a bowl. Chill only until syrupy. Beat until frothy and fold into 1 cup of whipped cream.

Toss in enough of the cubed gelatin jewels for color and spoon it all into the pan with the lady fingers.

Pipe whipped cream around the inside edge of the "crown" and arrange some of the remaining jewels in the center. Use the rest for dessert or in a salad the next day. Slice some large strawberries and stand the heart-shaped slices around on the dream border.

Refrigerate until serving time. Then gently remove the spring ring and present the crown to the guest of honor for viewing before slicing to serve.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for the column may reach her in care of the Times Journal, 1247 Solano Ave., Albany 94706.

Psychiatrist to  
at local semin



Dr. Jerry Jampolsky

Sunday, Sept. 24  
by a lunche  
room seminar  
Jampolsky  
children who  
strophic ill  
floundered the  
Gat  
lperon in 1979.

In 1981, he  
from the Cen  
subjects of an  
ing special  
and Kids," and  
were featured in  
made in cooper  
Fred Rogers  
Rogers Show  
the National  
Award, documen  
gory.

Jampolsky is  
author of Love  
of Fear, which  
title of his book  
11 a.m. meeting  
25. The afterno  
will be "Tea  
Love."

Jampolsky is  
lunch at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

For advanced  
a check to the  
an Church, Jim  
ture, 1 Lawson  
ington 94706. In  
mation contact h  
at 527-8644.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

For advanced  
a check to the  
an Church, Jim  
ture, 1 Lawson  
ington 94706. In  
mation contact h  
at 527-8644.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

For advanced  
a check to the  
an Church, Jim  
ture, 1 Lawson  
ington 94706. In  
mation contact h  
at 527-8644.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

The lunche  
at 12:30 p.m. On  
Following lunche  
afternoon semin  
1:30-3:30 p.m. In  
seminar alone is  
\$5 students. The  
service and tea.

# Pot luck with Olga Bier

## A shopper's heaven



sets of china!

The prices for the top-line quality were considerably less than what we pay here. Even the seconds were gorgeous and reasonably priced. There are many "seconds shops" in London and even though we were warned that the prices were touristy, they were still low compared to what they are here at home.

English silver and the classic china of Royal Doulton, Royal Worcester, Wedgwood and Spode were mixed with names unfamiliar to me but apparently treasured there, as their designs and prices were comparable to the better known brands. I think I would like to have different sets of china for each meal of the day, varying with my mood and menu. And I would take a special jaunt to London just to buy it all.

### 'Ave a sweet, luv

Our meals, though mostly continental in cuisine, seemed always to end with beautiful large ripened strawberries with incredibly heavy cream — except for the night we ate at a nearby pub. Our varied dishes included grilled white fish, steak and kidney pie, and an Irish stew (which our Italian waitress whispered to us was not really Irish because her mother was part Irish and this wasn't the way she made it).

But what I remember best of this meal was that I ordered a "Spotted Dick" for dessert. I took one taste of the white suet and raisin pudding and offered it to anyone within hearing range who would remove it from my sight. A bit heavy in the mouth, to put it mildly.

In between our mugs of warm, strong beer and the loud choruses of songs we belted out at each other, Cousin Sylvia promised a sweet I would like. So the following Sunday in her rose-bordered garden, after we enjoyed some good crusty fried chicken, she served a trifle which I thoroughly loved.

Trifle is a heavenly dessert made of cake, fruit and custard with whipped cream. It seems to have as many variations as there are cooks. Basically it is a pound cake cut into thick slices which are spread with raspberry jam and placed jam-side-up in a glass bowl. Chopped almonds and some sherry and/or brandy are sprinkled on and allowed to soak in. Then raspberries are spread over the cake.

A thick cold custard is spread over that and whipped

cream is then gently piled over all. Garnished with more berries and almonds, it is refrigerated briefly before serving.

I have a version of a trifle I have made for many years that cuts calories a bit but is very showy and quite tasty. Having just viewed the real thing, I felt justified in calling this:

### The Crown Jewels'

Lightly butter a spring form pan. Line around the edges with lady fingers standing up (creating the "crown"). Split enough lady fingers to line the bottom of the pan. Spread them with strawberry jam, slivered almonds and triple sec or amaretto.

Make 1 pkg. of strawberry gelatin in a bowl. Chill only until syrupy. Beat until frothy and fold into 1 cup of whipped cream.

Toss in enough of the cubed gelatin jewels for color and spoon it all into the pan with the lady fingers.

Pipe whipped cream around the inside edge of the "crown" and arrange some of the remaining jewels in the center. Use the rest for dessert or in a salad the next day. Slice some large strawberries and stand the heart-shaped slices around on the dream border.

Refrigerate until serving time. Then gently remove the spring ring and present the crown to the guest of honor for viewing before slicing to serve.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for the column may reach her in care of the Times Journal, 1247 Solano Ave., Albany 94706.

# Pot luck with Olga Bier

## A shopper's heaven



sets of china!

The prices for the top-line quality were considerably less than what we pay here. Even the seconds were gorgeous and reasonably priced. There are many "seconds shops" in London and even though we were warned that the prices were touristy, they were still low compared to what they are here at home.

English silver and the classic china of Royal Doulton, Royal Worcester, Wedgwood and Spode were mixed with names unfamiliar to me but apparently treasured there, as their designs and prices were comparable to the better known brands. I think I would like to have different sets of china for each meal of the day, varying with my mood and menu. And I would take a special jaunt to London just to buy it all.

### 'Ave a sweet, luv

Our meals, though mostly continental in cuisine, seemed always to end with beautiful large ripened strawberries with incredibly heavy cream — except for the night we ate at a nearby pub. Our varied dishes included grilled white fish, steak and kidney pie, and an Irish stew (which our Italian waitress whispered to us was not really Irish because her mother was part Irish and this wasn't the way she made it).

But what I remember best of this meal was that I ordered a "Spotted Dick" for dessert. I took one taste of the white suet and raisin pudding and offered it to anyone within hearing range who would remove it from my sight. A bit heavy in the mouth, to put it mildly.

In between our mugs of warm, strong beer and the loud choruses of songs we belted out at each other, Cousin Sylvia promised a sweet I would like. So the following Sunday in her rose-bordered garden, after we enjoyed some good crusty fried chicken, she served a trifle which I thoroughly loved.

Trifle is a heavenly dessert made of cake, fruit and custard with whipped cream. It seems to have as many variations as there are cooks. Basically it is a pound cake cut into thick slices which are spread with raspberry jam and placed jam-side-up in a glass bowl. Chopped almonds and some sherry and/or brandy are sprinkled on and allowed to soak in. Then raspberries are spread over the cake.

A thick cold custard is spread over that and whipped

cream is then gently piled over all. Garnished with more berries and almonds, it is refrigerated briefly before serving.

I have a version of a trifle I have made for many years that cuts calories a bit but is very showy and quite tasty. Having just viewed the real thing, I felt justified in calling this:

### The Crown Jewels'

Lightly butter a spring form pan. Line around the edges with lady fingers standing up (creating the "crown"). Split enough lady fingers to line the bottom of the pan. Spread them with strawberry jam, slivered almonds and triple sec or amaretto.

Make 1 pkg. of strawberry gelatin in a bowl. Chill only until syrupy. Beat until frothy and fold into 1 cup of whipped cream.

Toss in enough of the cubed gelatin jewels for color and spoon it all into the pan with the lady fingers.

Pipe whipped cream around the inside edge of the "crown" and arrange some of the remaining jewels in the center. Use the rest for dessert or in a salad the next day. Slice some large strawberries and stand the heart-shaped slices around on the dream border.

Refrigerate until serving time. Then gently remove the spring ring and present the crown to the guest of honor for viewing before slicing to serve.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for the column may reach her in care of the Times Journal, 1247 Solano Ave., Albany 94706.

# Pot luck with Olga Bier

## A shopper's heaven



sets of china!

The prices for the top-line quality were considerably less than what we pay here. Even the seconds were gorgeous and reasonably priced. There are many "seconds shops" in London and even though we were warned that the prices were touristy, they were still low compared to what they are here at home.

English silver and the classic china of Royal Doulton, Royal Worcester, Wedgwood and Spode were mixed with names unfamiliar to me but apparently treasured there, as their designs and prices were comparable to the better known brands. I think I would like to have different sets of china for each meal of the day, varying with my mood and menu. And I would take a special jaunt to London just to buy it all.

### 'Ave a sweet, luv

Our meals, though mostly continental in cuisine, seemed always to end with beautiful large ripened strawberries with incredibly heavy cream — except for the night we ate at a nearby pub. Our varied dishes included grilled white fish, steak and kidney pie, and an Irish stew (which our Italian waitress whispered to us was not really Irish because her mother was part Irish and this wasn't the way she made it).

But what I remember best of this meal was that I ordered a "Spotted Dick" for dessert. I took one taste of the white suet and raisin pudding and offered it to anyone within hearing range who would remove it from my sight. A bit heavy in the mouth, to put it mildly.

In between our mugs of warm, strong beer and the loud choruses of songs we belted out at each other, Cousin Sylvia promised a sweet I would like. So the following Sunday in her rose-bordered garden, after we enjoyed some good crusty fried chicken, she served a trifle which I thoroughly loved.

Trifle is a heavenly dessert made of cake, fruit and custard with whipped cream. It seems to have as many variations as there are cooks. Basically it is a pound cake cut into thick slices which are spread with raspberry jam and placed jam-side-up in a glass bowl. Chopped almonds and some sherry and/or brandy are sprinkled on and allowed to soak in. Then raspberries are spread over the cake.

A thick cold custard is spread over that and whipped

cream is then gently piled over all. Garnished with more berries and almonds, it is refrigerated briefly before serving.

I have a version of a trifle I have made for many years that cuts calories a bit but is very showy and quite tasty. Having just viewed the real thing, I felt justified in calling this:

### The Crown Jewels'

Lightly butter a spring form pan. Line around the edges with lady fingers standing up (creating the "crown"). Split enough lady fingers to line the bottom of the pan. Spread them with strawberry jam, slivered almonds and triple sec or amaretto.

Make 1 pkg. of strawberry gelatin in a bowl. Chill only until syrupy. Beat until frothy and fold into 1 cup of whipped cream.

Toss in enough of the cubed gelatin jewels for color and spoon it all into the pan with the lady fingers.

Pipe whipped cream around the inside edge of the "crown" and arrange some of the remaining jewels in the center. Use the rest for dessert or in a salad the next day. Slice some large strawberries and stand the heart-shaped slices around on the dream border.

Refrigerate until serving time. Then gently remove the spring ring and present the crown to the guest of honor for viewing before slicing to serve.

Olga Bier is a teacher, author and home economist. Anyone with questions or suggestions for the column may reach her in care of the Times Journal, 1247 Solano Ave., Albany 94706.

# Pot luck with Olga Bier

## A shopper's heaven



sets of china!

The prices for the top-line quality were considerably less than what we pay here. Even the seconds were gorgeous and reasonably priced. There are many "seconds shops" in London and even though we were warned that the prices were touristy, they were still low compared to what they are here at home.

English silver and the classic china of Royal Doulton, Royal Worcester, Wedgwood and Spode were mixed with names unfamiliar to me but apparently treasured there, as their designs and prices were comparable to the better known brands. I think I would like to have different sets of china for each meal of the day, varying with my mood and menu. And I would take a special jaunt to London just to buy it all.

### 'Ave a sweet, luv

Our meals, though mostly continental in cuisine, seemed always to end with beautiful large ripened strawberries with incredibly heavy cream — except for the night we ate at a nearby pub. Our varied dishes included grilled white fish, steak and kidney pie, and an Irish stew (which our Italian waitress whispered to us was not really Irish because her mother was part Irish and this wasn't the way she made it).

But what I remember best of this meal was that I ordered a "Spotted Dick" for dessert. I took one taste of the white suet and raisin pudding and offered it to anyone within hearing range who would remove it from my sight. A bit heavy in the mouth, to put it mildly.

In between our mugs of warm, strong beer and the loud choruses of songs we belted out at each other, Cousin Sylvia promised a sweet I would like. So the following Sunday in her rose-bordered garden, after we enjoyed some good crusty fried chicken, she served a trifle which I thoroughly loved.

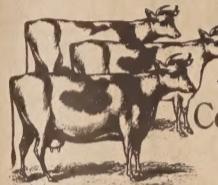
Trifle is a heavenly dessert made of cake, fruit and custard with whipped cream. It seems to have as many variations as there are cooks. Basically it is a pound cake cut into thick slices which are spread with raspberry jam and placed jam-side-up in a glass bowl. Chopped almonds and some sherry and/or brandy are sprinkled on and allowed to soak in. Then raspberries are spread over the cake.

A thick cold custard is spread over that and whipped

cream is then gently piled over all. Garnished with more berries and almonds, it is refrigerated briefly before serving.

I have a version of a trifle I have made for many

# SINCE 1905, WE'VE BEEN THE BEST MECHANIC FOR THE MONEY.



Back when the cattle in Contra Costa County outnumbered the people and the only rapid transit was a horse-drawn streetcar, an Oakland baker named Josiah Iverson founded the Iverson Banking Company on Macdonald near Third Street in Richmond.

In 1905, the bank moved to the corner of 8th Street, and in 1907, the Mechanics Bank was organized, named for its association with the mechanics working at the Standard Oil Company and the Santa Fe Railroad.



The first Mechanics Bank office, 8th & Macdonald, Richmond

The little office on 8th Street had only two employees; one to keep the records and one to help the customers (all 10 of them). Bookkeeping was done entirely by pen and ink in a

Boston Ledger and the entire office was heated by a potbellied stove in the lobby.

It soon became apparent, however, that Mr. Iverson was a better baker than he was a banker.

And so the search for a more aggressive leader began.

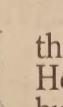
The bank found their man in E. M. Downer, a former railway telegrapher. In the Fall of 1919, Downer was elected President of Mechanics Bank and spearheaded the bank's rapid growth. By 1920, the bank had increased



its assets by more than 4000 percent. Then came the Depression. There were some anxious days at Mechanics, but the threat of a run faded when Standard Oil officials made a show of faith by walking in and making a large deposit.

The 1940's brought the Big Band sound to radio and Henry Kaiser and his shipbuilding company to Richmond, and Mechanics Bank figured prominently in the prosperity; pioneering personal and automobile loans, and even installing the first drive-in tellers in Northern California. Between 1941 and 1945, bank assets increased dramatically from 7.9 million to 35.1 million.

Over the next 30 years, Mechanics Bank continued



**THE MECHANICS BANK**

Member FDIC

Richmond \*3170 Hilltop Mall Road, 9th and Macdonald, 22nd and Macdonald, \*42nd and Macdonald, San Pablo 14330 San Pablo Avenue, Albany Washington and San Pablo, El Sobrante \*3884 San Pablo Dam Road, Pinole \*795 Fernandez, El Cerrito \*Fairmount and San Pablo, 250 El Cerrito Plaza. \*Denotes Mechanical Banker

to prosper as new branches sprung up in Albany, El Sobrante, Pinole and San Pablo.

Today, we're handling more than 60,000 savings and checking accounts. That's more than any other bank in our area.

We're helping hundreds

of East Bay families build new homes. Or improve the ones they own. We're providing customers with safety, security and the highest returns on their savings.

We're offering a full range of services from retirement accounts to Living Trusts.

Plus convenient hours, more branches, and more ways to serve you better.

Most importantly, we're continuing a 78-year-old commitment to our communities and their people. We devote everything we have to this area: all our energy, all our services and all our resources.

So no matter what your banking needs, take them into your neighborhood Mechanic.

You just can't do better for your money.





# CLASSIFIED

## ADVERTISING

237-1111

## Classified Ad Line

Open To Serve You: 8:30-5:00 p.m. Monday-Friday

Advertising Policy:

Adjustments  
for errors:

Deadlines:

100

CHILD CARE  
LICENSED

048

DAYCARE. Ages 0-4.

Meals, snacks, Ick.

Loving care. 237-4497

101

male Persian, gray.

approx 3 yrs. San

Diego. \$27-982

male, "Luke,"

Oak/Rich. 524-8809

IND. Cocker Spaniel

own color. Spayed.

577-4000; 799-2320

102

NOMADS

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

103

PERSONAL

Psychic

in love, marriage,

separated

and more. Call 845-7655

104

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

105

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

106

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

107

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

108

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

109

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

110

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

111

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

112

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

113

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

114

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

115

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

116

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

117

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

118

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

119

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

120

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

121

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

122

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

123

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

124

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

125

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

126

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

127

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

128

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

129

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

130

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

131

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

132

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

133

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

134

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

135

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

136

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

137

PREGNANT

expecting. Adoption Ser-

vices. Feminist

Center, 1000 11th

Every Woman's

in Pleasant Hill,

940-5535

138

PREGNANT

expecting. Adoption Ser-

## Jacoby on Bridge

**NORTH** 9-13-83  
 ♦ K 9 2  
 ♦ K 10 2  
 ♦ 8 5  
 ♦ J 8 5 2

**WEST**  
 ♦ ♦ 7 5 4  
 ♦ ♦ 9 6  
 ♦ K 10  
 ♦ ♦ J 9 7 4 2  
 ♦ ♦ A K 10 6

**EAST**  
 ♦ ♦ A Q 10 7 4 3  
 ♦ ♦ A Q 3  
 ♦ ♦ A Q 6 3  
 ♦ ♦

Vulnerable: Both  
Dealer: South

West North East South  
 Pass 2♦ Pass 3♦  
 Pass 3♦ Pass 4♦  
 Pass 5♦ Pass 6♦  
 Pass Pass Pass

Opening lead: ♦K

By Oswald Jacoby  
and James Jacoby

The North-South hands and the bidding are the same as yesterday's, but trumps have been changed to break 3-0. The slam still makes, but South must be careful.

However, let's discuss South's bidding first.

South is going at least to game after the spade raise. His three-diamond bid is a force and, in accordance with West Coast style (Mike Lawrence lives in California), tells partner that he wants diamond help. North goes to just three spades, but South makes a four-heart slam try. North bids five hearts to show his heart king and a maximum for his previous bidding. South bids the spade slam.

He ruffs West's king of clubs at trick one and plays his spade ace. East shows out, and South has an immediate problem. He can't draw trumps and still ruff out two of his potential diamond losers.

Should he lay down the diamond ace to guard against a singleton king in the West hand? Should he go to dummy to take a diamond finesse and guard against finding East with all seven diamonds?

A rubber bridge player should avoid the finesse. A match point player should take it. Either way the slam will make because dummy's K-9 of spades are in back of West's J-8.

(NEWSPAPER ENTERPRISE ASSN.)

## RICHMOND 660

MUST SELL \$3000 down 3 bdrms, 415-S. 50th St., \$767 mo payment 638-6333

FOR SALE BY OWNER Attractive 2 plus bdrm, 1 1/2 bath, 1214 1/2 sq. ft., 1st mortgage \$39,500. Owner will sell 2nd. Selling price \$50,000. \$630 12th St. Do not disturb occupant. 549-2226 or 528-1075

**NEED SPACE?**  
If you do not have plenty of it, Large 2nd bedroom two bath, plus guest bedroom and one bath, alonino, large two car garage. #509.

**Prime Properties**  
222-5602

**MILLION \$ VIEW**  
From this spacious contemporary home, Central entry, tile floor, Jennaire oven, air conditioning, and much, much more. Call 724-6100, #454.

**Security Pacific**  
Real Estate Brokerage

**OLD TIME**  
REALTORS

**BIG & BEAUTIFUL**  
#595. Neat & Clean, large North & East home freshly painted in & out. Three big bedrooms, and a two car garage, plus assumable loan. Walk to last!

2337 San Pablo Ave., Pinole, 724-7800

**POINT RICHMOND 665**

**WANT OFFER?**  
Seller needs cash on this 3 bedroom, 2 bath home. \$100,000. Assumable 1st loan at 12% interest. Call 235-8200, #459.

**Security Pacific**  
Real Estate Brokerage  
Pacific Bay

**HERCULES 590**

**RODEO SPECIAL**  
2 story on quiet court, 4 bdrm, 2 1/2 bath, A/EK, well-landscaped w/irrigation system. \$179,900.

**BEST WHITECLIFF**  
Contemporary 4 bdrm, 2 bath, family room, 2 level w/r/pic, covered patio. Only \$104,500. Won't last!

**ESTATE SALE**  
Old Pinole Ranch just under 2 acres. Front on San Pablo Ave., zoned residential with small carrier home. Developers delight. Call immediately for details.

**MINI FARM!**  
Price reduced to \$49,950. Extra clean home will sell F/R or V/A. Large lot with many fruit trees. Seller anxious. #514.

**PRIME PROPERTIES**  
222-5602

**\$950 Plus Closing Costs**

**MOVES YOU IN!!**

2 bedroom, 1 1/2 bath, security, fireplace, central heat, room and spa. Covered parking. #941. Call 232-1462.

**RANCH STYLE**

3 bedroom, 2 bath, on quiet cul-de-sac, remodeled kitchen, off-street parking, shake roof & much more. \$90,000.

**ATCHISON VILLAGE**

Vacant 1 bdrm. Motivated sellers. \$15,000.

2579 Alice Way, Century 21-Wright Realtors, 975,000.

**OPEN SUNDAY 1-5**

**CHUCK DAY, AGENT**  
222-8329, 235-1371

**NORTH & EAST**

2 bdrm, no down to vets or F/HAs terms. Neat & clean.

Near all schools, shopping, trans. Andersen, Realtors 223-8200; 724-4577

**Bartels-Realtors**  
Pacific Bay

**RICHMOND 660**

**RESULTS** are just a phone call away when you use our Service Directory. 237-1111.

**ASSUMPTION**

3 bdrm, 2 bath, 1 1/2 acre of oak

area. New paint, carpet professionally cleaned.

Vacant. Must be sold!

2579 Alice Way, Century 21-Wright Realtors, 975,000.

**OPEN SUNDAY 1-5**

**CHUCK DAY, AGENT**  
222-8329, 235-1371

**RESULTS** are just a phone call away when you use our Service Directory. 237-1111.

**PRICE REDUCED**

2 bdrm Pt.Rich. \$89,900.

**HERCULES**

Lg. 5 bdrm 2 1/2 bath below replacement cost \$142,500.

**Better Homes**  
REALTY

**RICHMOND**  
232-2532

**WHEN** eight is enough, but nine are too many, sell that extra whatever in classified! Phone 237-1111.

## TAX SERVICE

**INCOME TAX**

Bookkeeping Service

In my office or at your home or business.

**TED SILEN**  
223-7977  
236-8599

## DAY CARE

**DAYCARE**

and Pre-School

activities offered in my family type

Albany home.

Nutritious Meals.

**0-12.**

**524-3314**

## TYPING

**HIGHGATE ROAD**

PROFESSIONAL SERVICES

Need help WRITING OR

STUDYING? We can help

you with any paper expressed in words. Learn

WORD PROCESSING on

a Xerox 860 in pleasant

surroundings, your own

speed, \$8, an hour, OR

LET US DO YOUR TYPING, \$15, an hour.

STEPHEN & ETHEL DUNN

32 HIGHGATE RD.

KENSINGTON, CA

(415) 525-3248

**HEATING**

Air Conditioning

& Sheet Metal Work

• ESTABLISHED 1932

State License 216716

**GRANHOLT**

Sheet Metal Works

**PHONE 525-5721**

501 San Pablo, Albany

26 Yrs.

**Joe Brandt**

724-2420

**MOVING**

Custom Made

Fast Service

Low Low Prices

**525-6904**

1411 Hellings, Richmond

Call 237-1368



COFFEE  
HILLS BROS.

\$4.19

SAVE 40¢  
2-LB. TIN

(ADDITIONAL TIN \$4.29)

SAVE 44¢  
6.4-OZ.TOOTHPASTE  
ADM \$1.39YOU PAY:  
\$1.39

# PARK and SHOP

Your Store For Quality &amp; Selection



## TURKEY DRUM STICKS

GREAT  
TO  
BAR-B-Q  
BAKE  
OR  
BRAISE**33¢**

LB.

BOTTOM  
ROUND  
ROASTEXCLUSIVELY  
USDA  
CHOICE**1.99**

LB.

BEEF  
CUBED  
STEAKSEXCLUSIVELY  
USDA  
CHOICE  
BEEF**2.99**

LB.

FRESH  
GROUND  
BEEFFOR GREAT  
HAMBURGER  
NOT OVER  
30% FAT**99¢**

LB.

COOKED  
TURKEY  
BREASTFOSTER FARMS  
NATURAL**2.98**

LB.

FOSTER  
FARMS  
FRANKS( SLICED  
BOLGONA  
LB. 99¢ )**89¢**

LB.

FRESH  
MINI-  
SALMONPAN  
READY**2.29**

LB.

BONELESS  
LEG  
PORKFRESH  
AND  
LEAN**1.98**

LB.

COUNTRY  
STYLE  
SPARERIBSSTRICTLY  
FRESH  
LEAN &  
MEATY**1.98**

LB.

FANCY  
SLICED  
BACONBAR-S  
FINEST**1.66**

LB.

LEO'S  
THIN SLICED  
MEATS6 VARIETIES  
2 1/2-OZ. PKG.**3 \$1**

LB.

ECONOMY  
SLICED  
BACONPLATTER  
STYLE**98¢**

LB.

COOKED  
SHRIMPGREAT  
SALADS**6.98**

LB.

## PRODUCE — FRESH DAILY

### BANANAS

DOLE OR CHIQUITA

**29¢**

LB.

### SQUASH

FRESH GREEN  
ITALIAN**39¢**

LB.

### GRAPEFRUIT

RUBY RED  
LARGE SIZE**49¢**

LB.

### APPLES

GOLDEN CALIF.  
OR RED DELIC.

MED SIZE. 33

LB.

### EGGPLANT

FRESH  
LARGE SIZE**49¢**

EA.

### CUCUMBERS

LONG GREEN  
LARGE SIZE**19¢**

EA.

### CASABA MELON

SWEET AND  
RIPE

LB.

We Carry A Large Variety Of Fresh Herbs



## TISSUE

AURORA TOILET

**79¢**

4-PAK



## PEPSI

REG-DIET-LITE

**1.09**16-OZ.  
RET.  
BTLS.

## SAUCE

DEL MONTE TOMATO

**245¢**

8-OZ.



## SUGAR

C&amp;H

**1.69**5-LB.  
SACK

## DRESSING

HOLLYWOOD NATURAL SALAD

**65¢**

8-OZ. BTLS.

## DAIRY PRODUCTS

### ORANGE JUICE

MINUTE MAID 64-OZ. CT.

\$1.79



### DARIGOLD BUTTER

FIRST QUALITY LB. CUBE

\$1.79



### MONTEREY JACK

MONTCO RANDOM WT.

\$2.39



### MILD CHEDDAR

MONTCO RANDOM WT.

\$2.39



### COTTAGE CHEESE

CARNATION PT. CT.

79¢

## FROZEN FOODS

### ORE-IDA POTATOES

GOLDEN OR CRINKLE CUT 32-OZ. PKG.

\$1.29



### COOL WHIP

REG.—EXTRA CREAMY 8-OZ. TUB

79¢



### FROZEN BREAKFAST

SWANSON ALL VARIETIES PKG.

89¢



### EGGO WAFFLES

HOME STYLE OR BLUEBERRY 11-OZ. PKG.

79¢



### COD FILLETS

TASTE 'O SEA 16-OZ. PKG.

\$1.95

### SNACK BARS

MILKY WAY, 3 MUSKETEERS

MARS, SNICKERS

### TOWELS

BRAWNY

GIANT SIZE

### CRACKERS

NABISCO PREMIUM

**79¢**

14-OZ. \$1.39

3-PAK 75¢

RED CHILI COOKING SAUCE 10-OZ. 57¢

LAS PALMAS ENCHILADA SAUCE 19-OZ. 93¢

SCRUB FREE BATHROOM CLEANER 16-OZ. \$1.79

DEL MONTE PINEAPPLE GRAPEFRUIT 46-OZ. 99¢

PINEAPPLE-ORANGE JUICE 46-OZ. 99¢

KOSHER DILL SPEARS 12-OZ. 89¢

DOZEN

LYSOL SPRAY 12-OZ. \$1.99

BOWL CLEANER 24-OZ. \$1.09

LYSOL 24-OZ. \$1.09

LYSOL CLEANER 17-OZ. \$1.25

DEODORIZING CLEANER 28-OZ. \$1.69

LYSOL 28-OZ. \$1.69

COLORTEX NAPKINS 60-CT. 33¢

COME 'N GET IT 25-LB. BONUS BAG \$7.99

DOG FOOD 25-LB. BONUS BAG \$7.99

LAWRY SALT 16-OZ. \$1.09

SEASONED PORK &amp; BEANS 16-OZ. \$1.09

CAMPBELLS 16-OZ. \$1.09

SOLO AVE. SUN-SAT. 8:30 a.m.-9 p.m.

TELEGRAPH AVE. SUN-SAT. 9 a.m.-10 p.m.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

FOOD STAMP SHOPPERS ARE WELCOME AT PARK &amp; SHOP

HOURS: 12-10 p.m.

12-10 p.m.